HOW TO FOLLOW-UP & DISCIPLE A NEW CHRISTIAN



How to Follow-up & Disciple a New Christian

I. Understanding the Concept

- A. After Evangelization and Conversion... then comes Discipleship
- B. What is Discipleship? It is a two-step process...
 - 1. Becoming a Disciple
 - 2. Making Disciples
- C. What does the Bible say about Discipleship?
 - 1. Matthew 28:19-20 The Great Commission

"Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything I have commanded you. And surely I am with you always, to the very end of the age."

- a. It was given by Jesus just before ascending into heaven.
- b. The Greek actually says "As you go, make disciples"
- c. Discipleship is not a job that we do... It is a LIFESTYLE that we should live!
- 2. 2 Timothy 2:2 The Timothy Principle (HANDOUT)

And the things you have heard me say in the presence of many witnesses entrust to reliable men who will also be qualified to teach others.

- a. Discipleship is GENERATIONAL! It is not just for you... it is to be passed on.
- b. How many generations are mentioned in the verse? FOUR
 - 1. Paul
 - 2. Timothy
 - 3. Reliable Men
 - 4. Others
- c. Example of Spiritual Addition vs Spiritual Multiplication Do the math! (HANDOUT)
- d. "Born to Reproduce" by Dawson Trotman (CD HANDOUT)
- D. The Goals & Objectives of Discipleship
 - 1. To develop an intimate personal relationship with Jesus Christ
 - 2. To help someone else develop an intimate personal relationship with Jesus Christ
 - 3. Process repeats...
- E. What's the difference between Follow-up & Discipling?
 - 1. Follow-up is "Spiritual Pediatrics"
 - a. **1 Peter 2:2** Like newborn babies, crave pure spiritual milk, so that by it you may grow up in your salvation,
 - b. That's what "Follow-up" is... Helping a New Christian get Started!
 - 2. Discipling is... simply put.... Helping someone grow. (of any spiritual age)
 - a. **2 Peter 3:18** But grow in the grace and knowledge of our Lord and Savior Jesus Christ.

 To him be glory both now and forever! Amen.
 - b. **1 Timothy 4:15** Take pains with these things; be absorbed in them, so that your progress will be evident to all.

II. Initial Follow-up of a New Christian

- A. Conversion Confirmation
 - 1. Use the Bridge Illustration to review the points of the Gospel. (HANDOUT)
 - 2. Ask them the same two diagnostic questions that you would have asked them if you were sharing the gospel with them...
 - a. If you were to die tonight, would you go to heaven?
 - b. If you were about to enter Heaven and you were asked, "Why should you be allowed to come in?"; what would you say?
 - 3. If reviewing the Bridge Illustration, ask them where in the illustration would they place themselves... And why?
 - 4. If you feel that they do not have a full understanding of the gospel message, offer to go through it with them.
- B. Introductory Bible Study
 - 1. What are the five big concerns that every new Christian deals with usually right after accepting Jesus Christ as their Savoir? (HINT: They are the same five things that Satan attacks first in a new believer to challenge their faith in Christ.)

a. I am not so sure that I am really saved! (Assurance of Salvation)

b. If I pray, will God really answer my prayers? (Assurance of Answered Prayer)c. I have a sin that I am not sure I can stop doing! (Assurance of Victory over Sin)

d. I have some sins that God can't possibly forgive! (Assurance of Forgiveness)

- e. I don't know what to do... Will God really help me? (Assurance of Guidance from God)
- 2. "Lessons on Assurance" by NavPress is specifically designed to address these issues. (HANDOUT)
- 3. "Living in Christ" by the Billy Graham Evangelistic Association is essentually the same study.
- C. Five Critical MUSTs for New Christians (Often referred to as "The Basics")
 - 1. Bible Reading
 - a. If they don't have a Bible... GET THEM ONE!
 - b. Have them write down any questions that they may have as they are reading
 - 2. Daily Devotions / Quiet Time
 - a. Tell them why YOU have a quiet time.
 - b. Offer to have their first quiet time with them.
 - c. Give them some suggestions of materials to use.
 - d. Encourage them to keep a journal if they would like to.
 - e. Try suggesting "Seven Minutes with God" to get them started.
 - 3. Church Attendance
 - a. Help them find a church to attend.
 - b. Suggest a couple that you know are solid in the Bible
 - c. Invite them to attend your church
 - d. Offer to go to a church with them to check it out
 - e. Check back with them to see if they found a church
 - f. If after attending for a little while they seem excited about it, ask them to consider going on Wednesday nights.

- 4. Small Group Involvement
 - a. After a little while, help them find a small group to get involved with.
 - b. It gets them into regular fellowship with believers
 - c. Small groups can often have more impact than a church service because of building close relationships
 - d. This may also be their first time in a "bible study"; offer to help them or even to go with them if they want it.
- 5. Memorizing Scripture
 - a. Help them to get started memorizing some bible verses.
 - b. It makes God's Word more readily accessible in overcoming temptation to sin.
 - c. It shapes the way I view the world by conforming my mind to God's perspective.
 - d. It makes meditation possible at times when you can't be reading the bible.
 - e. The Lessons on Assurance study starts you right off memorizing scripture in Chap. 1.
- D. A Few "BASICs" That are Often Neglected
 - 1. Explain Bible Versions/Translations (HANDOUT)
 - 2. Things to Consider When Getting a New Bible
 - a. Version/Translation?
 - b. Use Type (Reading or Study)?
 - c. Binding Type?
 - d. Cross References?
 - e. Red Letter Edition?
 - f. One or Two Column?
 - g. Text Size?
 - 3. Help Them Become Acquainted with the books of the Bible
 - a. Give them a bookmark with them on it.
 - b. Help them to memorize them in order.
- E. The Transition into Discipleship Training
 - 1. Passing interest vs. True Commitment
 - 2. **Luke 9:23** Then he said to them all: "Whoever wants to be my disciple must deny themselves and take up their cross daily and follow me.
 - 3. "True Discipleship is developing hearts, not minds;

it is producing obedience, not knowledge."

Dr. Howard Hendricks

III. Discipling & Discipleship Training

- A. Discipleship Training is a Comprehensive Study of the Essentials or Fundamentals of the Christian Life.
- B. This training is specifically designed to prepare the individual to do two specific things...
 - 1. To develop an intimate personal relationship with Jesus Christ
 - 2. To help someone else develop an intimate personal relationship with Jesus Christ
- C. The goal is not to finish the course...

D. Discipleship Training falls into three basic types:

(Each type has their own advantages and disadvantages) (HANDOUT)

- 1. One-on-One Discipling (1)
- 2. Small Group Discipleship (2-10)
- 3. Large Group Discipleship (11-20)

(Groups over 20 not recommended)

IV. One-on-One Discipleship

A. **2 Corinthians 12:15** - And I will very gladly spend and be spent for you;

though the more abundantly I love you, the less I be loved.

- B. Finding your man... Finding your woman... (Look for someone who is FAST)
 - F Faithful Are they willing to match your commitment?
 - A Available Do they have time to meet with you?
 - S Servant Do they have a servat's heart?
 - T Teachable Are they teachable? Are they open-minded?

V. Some Discipleship Resources

- A. Discipleship Curriculum (HANDOUT)
 - 1. Daily Discipleship
 - 2. The 2-7 Series
 - 3. Design for Discipleship
 - 4. What Every Christian Ought to Know
 - 5. Discipleship Essentials
 - 6. The Ways of the Alongsider
 - 7. Thirty Discipleship Exercises
 - 8. Multiply: Disciples Making Disciples
- B. Some other Discipleship Resources
 - 1. Discipleship Library (discipleshiplibrary.com) (HANDOUT)
 - •10.000s of FREE Discipleship related messages
 - •100s of Christian Topics
 - •100s of Great Speakers
 - 2. The Bible Project
 - 3. Online Bible Study Resources (HANDOUT)
 - 4. UOVBA Web Page Discipleship/Resources

VI. Summary & Challenge

- A. Summary
- B. Invest2023 Challenge (HANDOUT)
- C. Bill Mowry Event (HANDOUT)

Discipleship - Related Verses

Matthew 4:19-20 - "Come, follow me", Jesus said, "and I will make you fishers of men." At once they left their nets and followed him.

- **2 Timothy 3:16-17** All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness, so that the man of God may be thoroughly equipped for every good work.
- **Hebrews 11:6** And without faith it is impossible to please God, because anyone who comes to him must believe that he exists and that he rewards those who earnestly seek him.
- **John 13:34-35** A new command I give you: Love one another. As I have loved you, so you must love one another. By this all men will know that you are my disciples, if you love one another."
- **John 15:5** *I* am the vine; you are the branches. If a man remains in me and *I* in him, he will bear much fruit; apart from me you can do nothing.
- **1 Corinthians 15:58** Therefore, my dear brothers, stand firm. Let nothing move you. Always give yourselves fully to the work of the Lord, because you know that your labor in the Lord is not in vain.
- **John 8:31-32** To the Jews who had believed him, Jesus said, "If you hold to my teaching, you are really my disciples. Then you will know the truth, and the truth will set you free."
- **Luke 6:40** A student is not above his teacher, but everyone who is fully trained will be like his teacher.
- **Luke 9:23** Then he said to them all: "If anyone would come after me, he must deny himself and take up his cross daily and follow me.
- **Matthew 22:36-40** "Teacher, which is the greatest commandment in the Law?" Jesus replied: "Love the Lord your God with all your heart and with all your soul and with all your mind.' This is the first and greatest commandment. And the second is like it: 'Love your neighbor as yourself.' All the Law and the Prophets hang on these two commandments."

Romans 12:1-2 - Therefore, I urge you, brothers, in view of God's mercy, to offer your bodies as living sacrifices, holy and pleasing to God--this is your spiritual act of worship. Do not conform any longer to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is-- his good, pleasing and perfect will.

2 Timothy 2:2 - And the things you have heard me say in the presence of many witnesses entrust to reliable men who will also be qualified to teach others.

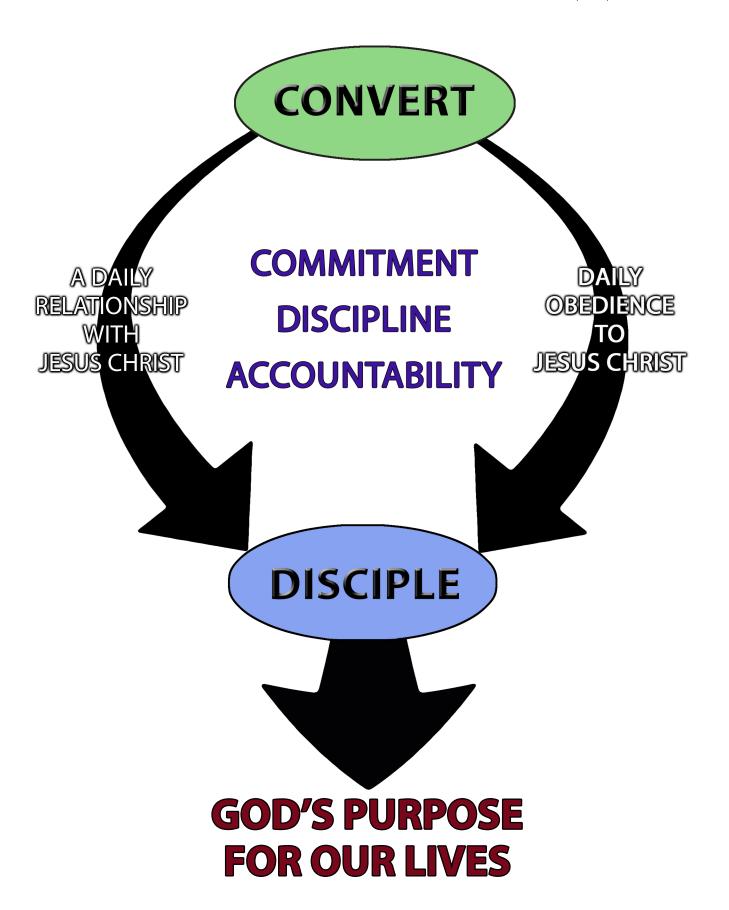
Matthew 28-19-20 - "Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything I have commanded you. And surely I am with you always, to the very end of the age."

Hebrews 5:11-14 (AMP) - There is so much more we would like to say about this. But you don't seem to listen, so it's hard to make you understand. You have been Christians a long time now, and you ought to be teaching others. Instead, you need someone to teach you again the basic things a beginner must learn about the Scriptures. You are like babies who drink only milk and cannot eat solid food. And a person who is living on milk isn't very far along in the Christian life and doesn't know much about doing what is right. Solid food is for those who are mature, who have trained themselves to recognize the difference between right and wrong and then do what is right.

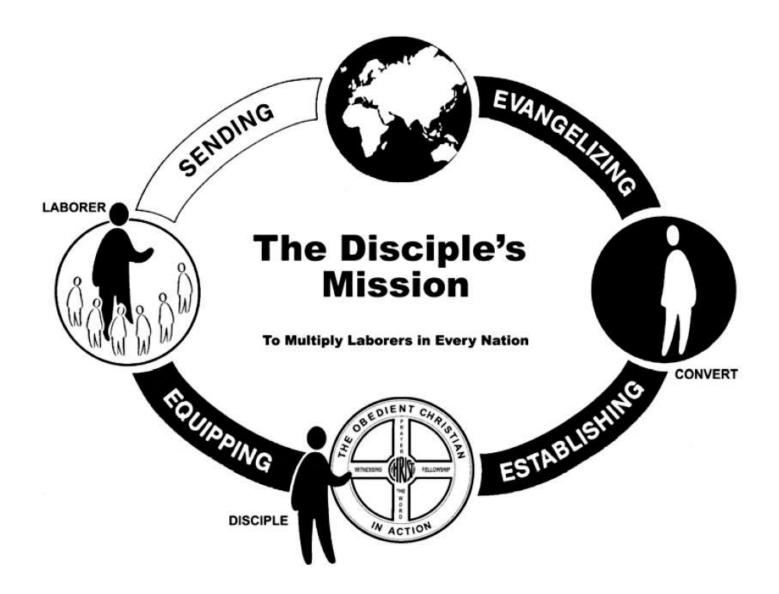
2 Corinthians 12:15 (KJV) - And I will very gladly spend and be spent for you; though the more abundantly I love you, the less I be loved.

Luke 14:25-27, 33 - Large crowds were traveling with Jesus, and turning to them he said: If anyone comes to me and does not hate his father and mother, his wife and children, his brothers and sisters--yes, even his own life--he cannot be my disciple. And anyone who does not carry his cross and follow me cannot be my disciple. In the same way, any of you who does not give up everything he has, cannot be my disciple.

WHAT IS A DISCIPLE?



WHAT DOES A DISCIPLE DO?



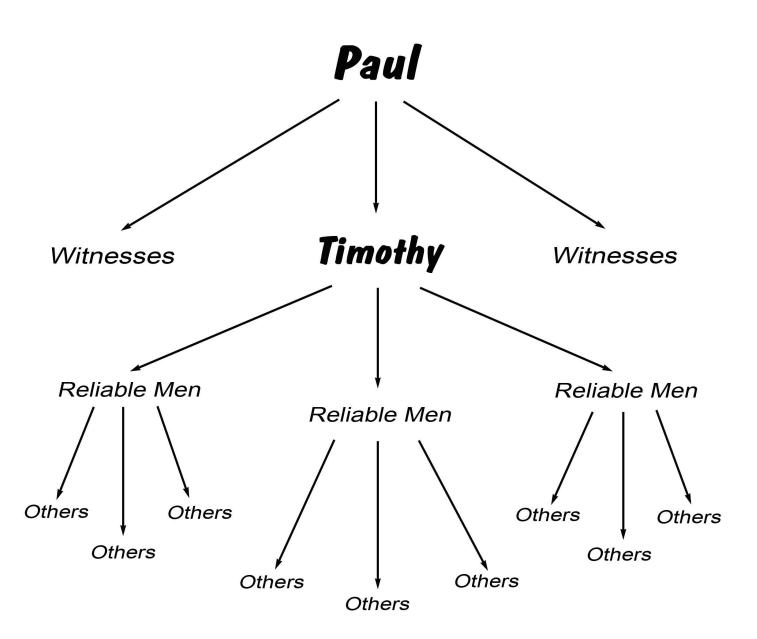
THE GREAT COMMISSION

"Then Jesus came to them and said, 'All authority in heaven and on earth has been given to me. Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything I have commanded you. And surely I am with you always, to the very end of the age.'"

The Timothy Principal

2 Timothy 2:2

And the things you have heard me say in the presence of many witnesses entrust to reliable men who will also be qualified to teach others



Do the Math...

Compare the numerical results between

Spiritual Addition and Spiritual Multiplication

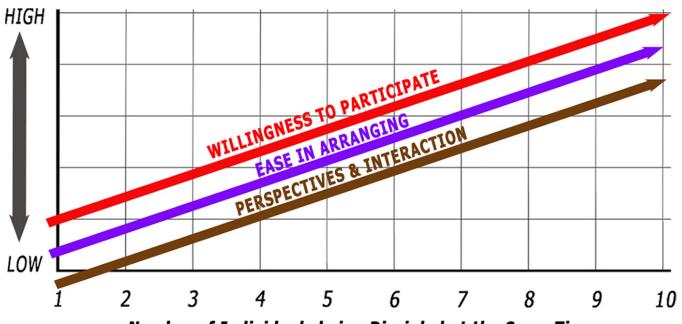
Spiritual Addition (Reach 100 People for Christ Each Day)	Year	Spiritual Multiplication (Win, Build & Send One Person Every 6 Months)
(thousand) 36,000	1	4
72,000	2	16
108,000	3	64
144,000	4	256
180,000	5	1,024 <i>(thousand)</i>
216,000	6	4,096
252,000	7	16,384
288,000	8	65,536
324,000	9	262,144
360,000	10	1,048,576 <i>(million)</i>
396,000	11	16,777,216
432,000	12	67,108,864
468,000	13	268,435,456
504,000	14	1,073,813,824 (billion)
540,000	15	4,295,255,296
576,000	16	17,181,021,184

One Person CAN Make a Difference!

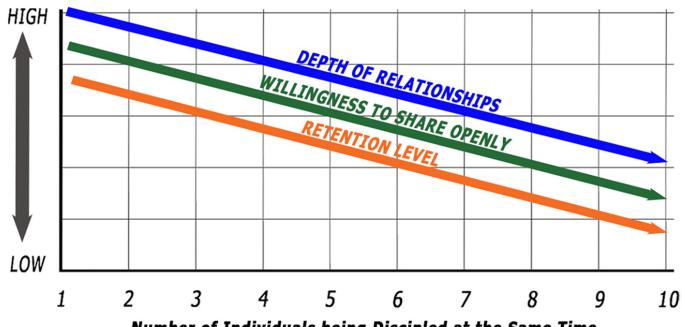
God Wants YOU To Be That Person!

DISCIPLESHIP

Size vs. Impact



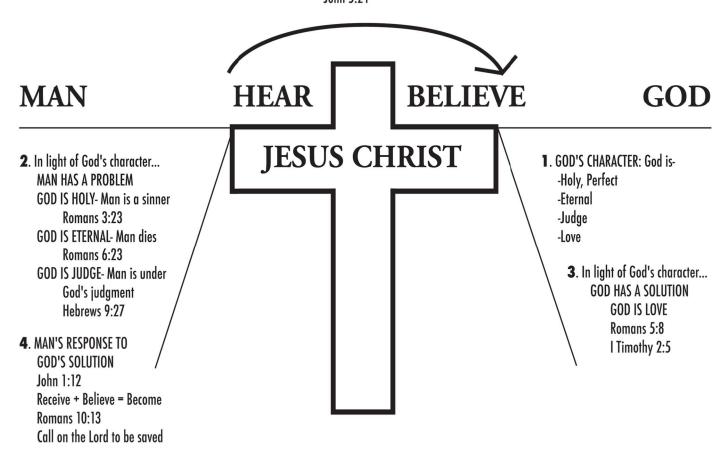
Number of Individuals being Discipled at the Same Time



Number of Individuals being Discipled at the Same Time

The Bridge Illustration

5. CROSSING OVER TO ETERNAL LIFE John 5:24-



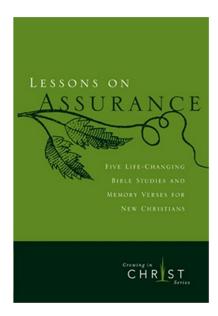
- 1. GOD'S CHARACTER- God is the originator and sustainer of all that exists. God is Holy (Perfect), God is Eternal, God is Judge and God is Love. (Write down the phrase God is ______. Ask them to put description(s) of God's character in the blank. Make sure that Holy, Eternal, Judge and Love are included.)
- 2. MAN HAS A PROBLEM- Man does not measure up to God's Character. God is Holy- Man is a sinner. God is Eternal- Man dies. God is Judge- Man is under the judgment of God. (Look up the verses Rom 3:23; 6:23 and Hebrews 9:27)
- 3. GOD HAS A SOLUTION TO MAN'S PROBLEM- God is Love. God demonstrated His love by sending His Son to die on the cross for our sins (Look at Romans 5:8). Christ the God-Man is the mediator between God and Man. (See I Timothy 2:5)
- 4. MAN'S RESPONSE TO GOD'S SOLUTION- In order to receive the benefit of God's Solution everyone must receive Christ and believe in Him. (John 1:12) Everyone must pray to the Lord and seek His salvation (Romans 10:13).
- CROSSING OVER TO ETERNAL LIFE- Hear the Message, Believe in Christ (to believe is to entrust yourself to) and He promises (1) Eternal Life,
 No Judgment and (3) that we will Cross Over from Death (Man's Side) to Life (God's Side.) John 5:24

CONCLUSION: Will you cross over from death to life? Call on the name of the Lord to be saved (Romans 10:13) Pray to God a prayer like this.

God you are holy, eternal and the judge of all people. I am a sinner under the sentence of death and under your judgment. I believe that Jesus came to save me from eternal judgment. Father, I put my faith and trust in Christ's death to save me from the penalty of my sin. I praise you for your love for me and for the free gift of forgiveness through Jesus Christ.



Bible Studies • Topical



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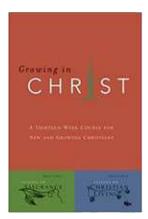
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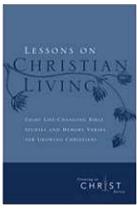
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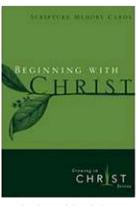
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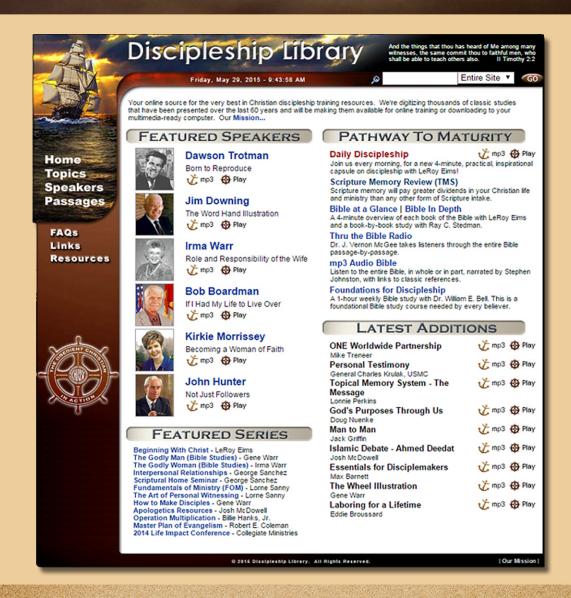


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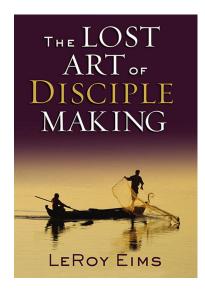


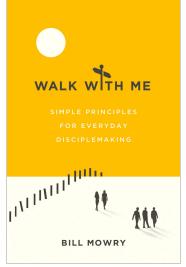
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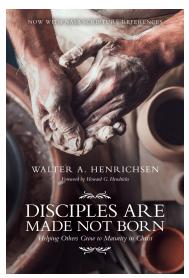
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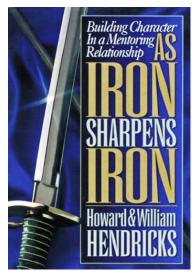
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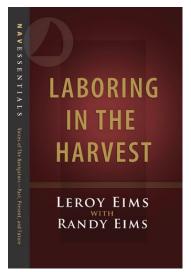
Some Books to Consider...

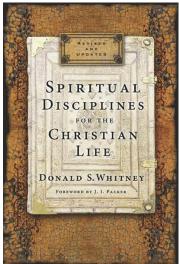


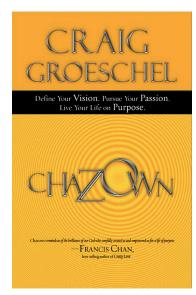


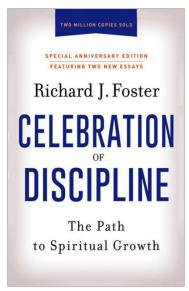


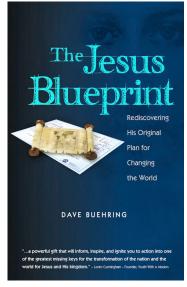








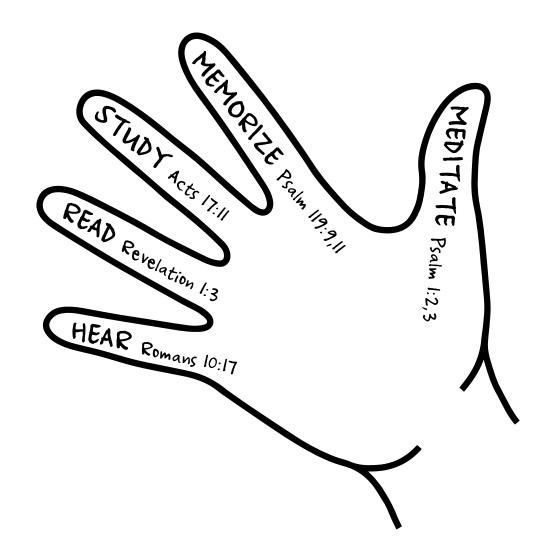






NAVIGATOR DISCIPLESHIP TOOL

The Word Hand is an easy-to-remember tool highlighting five methods of learning from the Bible. Use it for your own spiritual growth and to share with someone else.



THE WORD HAND



HEARING

the Word from pastors and teachers provides fresh insight into the Scriptures. The weakest finger—the pinkie—represents hearing, because we retain only 5 percent of what we hear.

Romans 10:17

② READING

gives us an overview of the Bible and is the foundation of a daily quiet time. This is represented by the ring finger. We generally retain 15 percent of what we read.

Revelation 1:3

3

STUDYING

the Scriptures deepens our convictions. It requires greater time and effort but results in increased Bible knowledge. Most people retain 35 percent of what they study. This is represented by the middle finger.

Acts 17:11

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4

MEMORIZING

God's Word enables us to use the Sword of the Spirit to overcome temptations and to have verses readily available for ministering to others. The index finger, our strongest finger, represents memorization. We remember 100 percent of what we memorize if we consistently review it.

Psalm 119:9-11

(5)

MEDITATION

is the inward process that accompanies each of the other four methods of Scripture intake. This is why meditation is assigned to the thumb. Only the thumb can touch all the other four fingers. By meditating on God's Word as we hear, read, study, and memorize, we discover its transforming power at work in us.

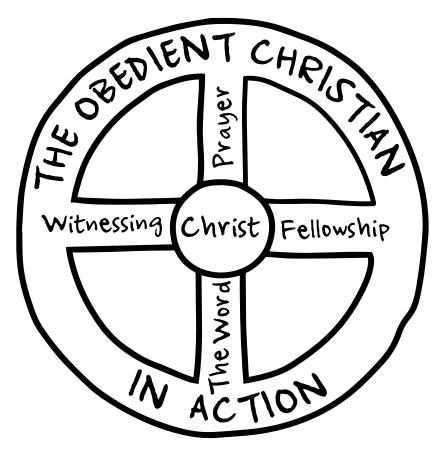
Psalm 1:2,3



NAVIGATOR DISCIPLESHIP TOOL

THE WHEEL

The Wheel diagram, created by Navigator founder Dawson Trotman in the 1930s, is a simple, effective way to visually explain the structure of a God-glorifying life. Sharing it can be as simple as drawing it on a napkin or notepad. The diagram challenges us to think deeply about how to be an obedient follower of Christ as each part represents a crucial component of a vibrant Christian life.





How you relate to yourself.

THE VOLITIONAL DIMENSION

- The Hub—Christ the Center: Total surrender to Christ's authority and lordship is not always a decision made right at conversion, but is a necessary act of will. For the believer, the "old life" has gone and the new has come (2 Corinthians 5:17), and Christ dwells through us instead (Galatians 2:20). God creates within us the desire to do what He wants us to do in order to express His lordship in our lives.
- The Rim—Obedience to Christ: Some acts of obedience to God are internal, such as attitudes, habits, motives, values and day-to-day thoughts. But even these eventually surface outwardly in our relationships with other people. Keeping His commandments in obedience is our outward indication of inward health and love for Christ—our worship (John 14:21, Romans 12:1).

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To download The Wheel illustration visit
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How you relate to God.

THE VERTICAL DIMENSION

- The Word Spoke: The Word of God is His direct voice showing us not only who He is, but how to live and interact with everyone around us (2 Timothy 3:16). This means an earnest personal intake of God's Word is essential for health and growth (Joshua 1:8). As God speaks to us through the Scriptures, we can see His principles for life and ministry, learn how to obey Him and become acquainted with the Christ who is worthy of our steadfast allegiance.
- The Prayer Spoke: Prayer is the natural response to God as we hear Him speak through His Word. It is sharing our heart with the One who longs for our companionship and who cares about our concerns. Prayer not only trains our hearts and minds to know the power and glory of God, but also turns His ear towards action in our lives and of those who we pray for (John 15:7, Philippians 4:6-7).



How you relate to others.

THE HORIZONTAL DIMENSION

- The Fellowship Spoke: God has directed Christians to build each other up through inter-dependence and loving relationships with each other (Hebrews 10:24-25). Gathering together as the Body of Christ draws God close around us as we praise Him and encourage one another (Matthew 18:20).
- The Witnessing Spoke: God has given believers the joy and responsibility of telling the world about the Good News of Christ's work on earth (Matthew 4:19). In fact, sharing this spectacular news with others should be the natural overflow of a rich, vibrant life in Christ (Romans 1:16).

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Online Bible Study Resources

www.BibleGateway.com

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www.BlueLetterBible.org

Blue Letter Bible offers over twenty Bible commentaries, including the notes of Sir Isaac Newton, charts and outlines, Biblical timelines, devotionals, audio and video sermons from thirty-two speakers, Bible images, maps, Bible reading plans and multiple Bible versions. The website is simple in appearance but easy to use and loaded with information.

www.BibleStudyTools.com

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www.BibleHub.com

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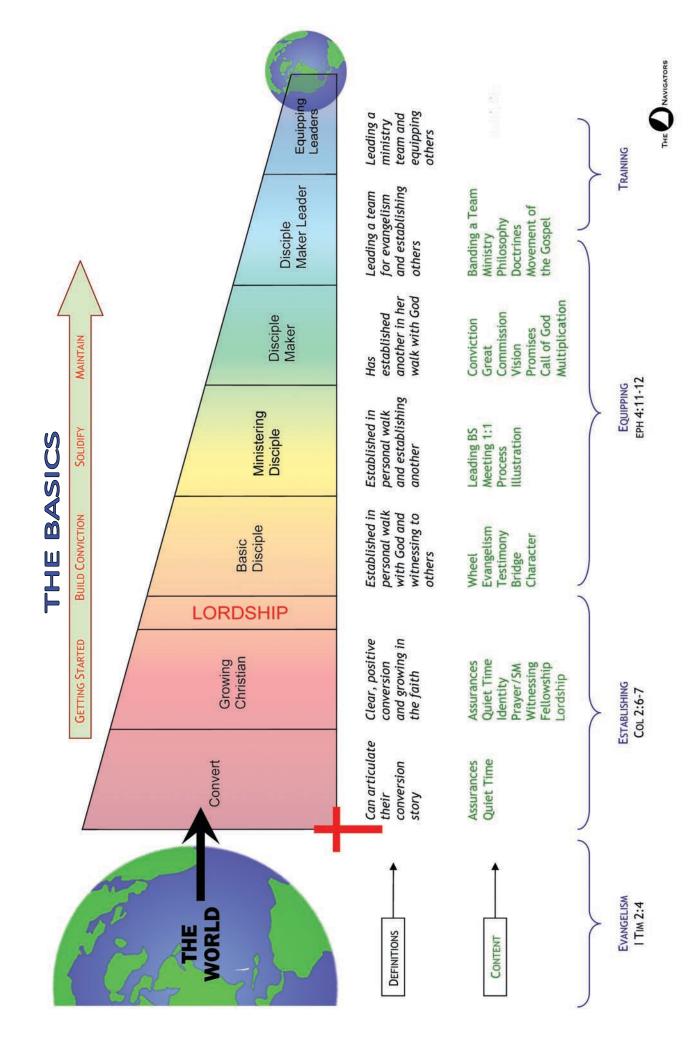
www.Bible.org

Bible.org is a nondenominational Bible based site that exists to freely share the good news from God to the entire world so you can KNOW the Truth about life and eternity. This Truth comes from Knowing GOD and having a relationship with Jesus Christ. To help you search and find these truths, we provide free access on the Internet to over 20,000 articles, which represent the finest, most trustworthy biblical truths and materials from Pastors and Scholars around the world.

www.e-sword.net

e-Sword is not an online bible study site, it is actually a FREE bible study program. This is an amazing program! The fact that it is free is just one of the blessings and does not speak of the quality of the software. e-Sword is a fast and effective way to study the Bible. It is feature rich and user friendly with more capabilities than you would expect in a free software package. The basic program that you download comes with the King James Version, King James Version w/ Strong's numbers, Strong's dictionary, and the Treasury of Scripture Knowledge cross-references. After this, you can download various modules for things like additional bible versions, bible commentaries, bible dictionaries, concordances and much more. Many of these modules are free; some do have a cost due to licensing, such as newer bible versions like NIV, NASB etc. But even if you only download the modules that are free, you would still have an amazing bible study tool at your fingertips with absolutely no investment other than your time of downloading and installing it! It is well worth checking out!

THE MINISTRY PIPELINE





A Challenge to Invest in One Another

What is Discipleship? Really? It is NOT about discipleship classes and workshops. It's about passing on what we know about Jesus Christ to others. True Discipleship is NOT about Education... It's about Generations. Too often we get focused on the EDUCATION and we forget about the GENERATIONS! We have an EMOTIONAL response to discipleship, but not a PRACTICAL one. Are we PRODUCING? Or are we just LEARNING a bunch of information about Discipleship? ARE WE WILLING TO DISCIPLE SOMEONE?

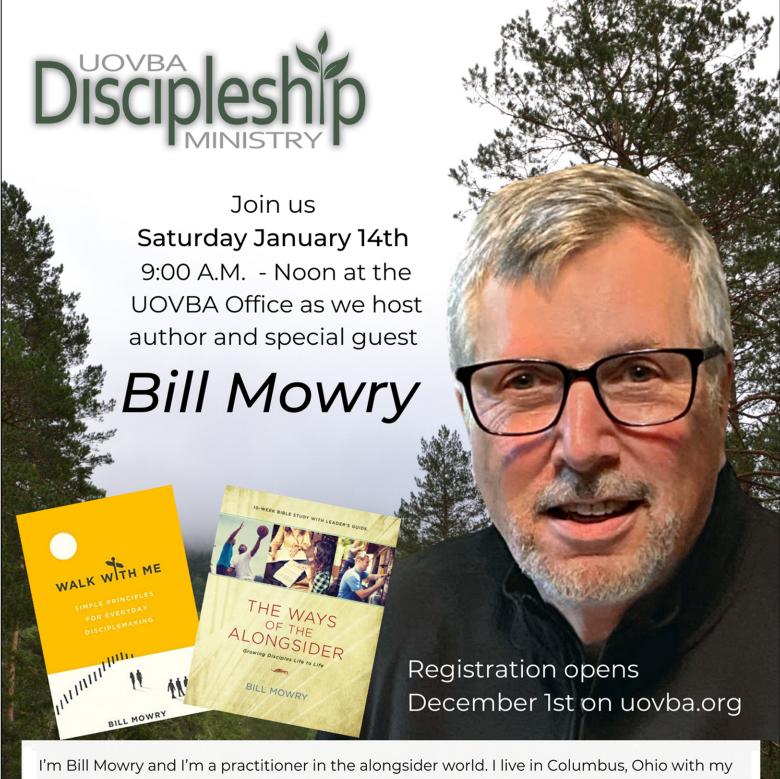
So... HERE IS THE DEAL... Over the next year, we are challenging everyone in every church to do just that! The challenge... INVEST in ONE person... not 2, not 3... JUST ONE! Or at least make a genuine attempt. If you do, I believe you will be so BLESSED by the experience that NEITHER of you will want to stop! Don't misunderstand... classes and workshops are a very important PART of Discipleship, but ALONE are NOT Discipleship.... INVESTING in another person... THAT is Discipleship!

It's NOT as hard as nost people think it is... It's just about meeting with someone to help them grow in Christ. Now... this is NOT a ONE & DONE deal, then check it off the list... Try to meet at least 2-3 times... give it a chance! So... What do you talk about? ANY-THING that helps with SPITITUAL GROWTH! Use a Discipleship Curriculum... Study a book of the Bible a verse at a time... Accountability...

Find someone who is HUNGRY, who wants to learn and then set up a time to meet! The first meeting isn't always spiritual, but rather a time to get acquanted and set-up future meetings. PLEASE let Chuck or myself know if you do this. We want to pray for you, plus we want to see how we are doing.







I'm Bill Mowry and I'm a practitioner in the alongsider world. I live in Columbus, Ohio with my wife Peggy and our dog Ginger. We serve with The Navigators Church ministries, helping churches around the world multiply disciples through disciplemaking cultures. My contribution to Jesus's alongsider world is through writing, teaching, and coaching.

The alongsider world is Jesus's world, a place where disciples are developed in relational, intentional, and biblical ways. The alongsider world is wherever everyday Christians live, work, play, or worship. In the alongsider world, everyday Christians walk next to friends helping them do a few simple lifestyle practices -- focus on Jesus, engage with the Scriptures, encourage accountability, application, affirmation, and live on mission.